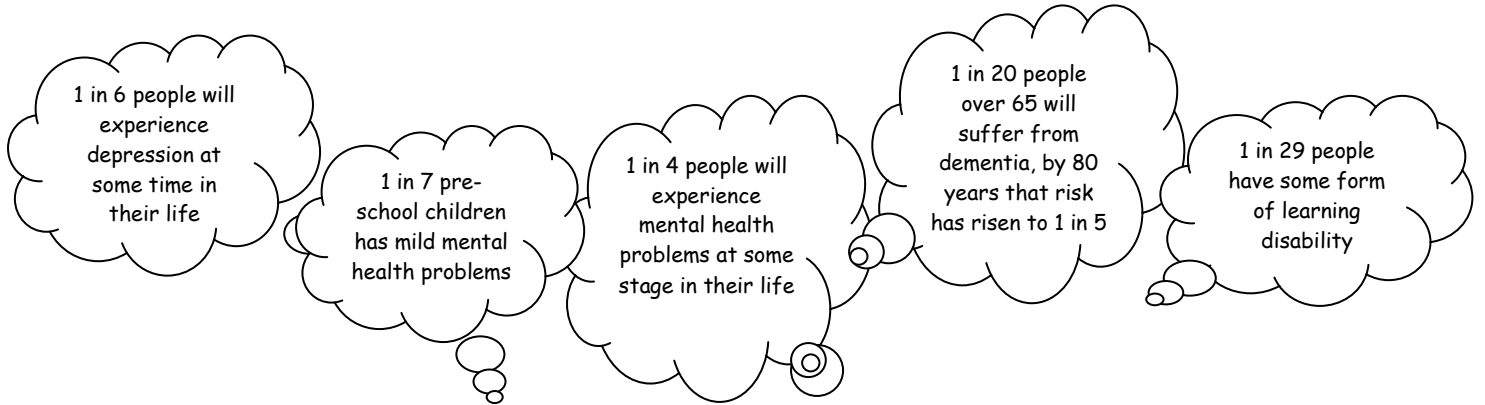


Your Membership Counts

Experiencing a mental health problem can happen to anyone and many people are often surprised when faced with some of the facts:



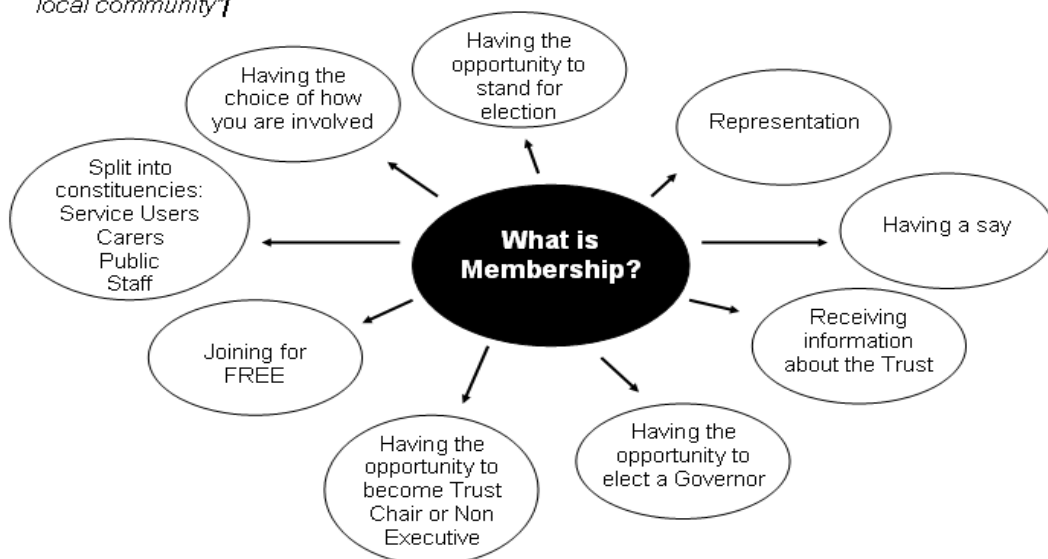
Mental health problems affect everyone.

It is always helpful to consider what kind of help you would appreciate if someone in your family became unwell today. You would want the best possible service and you would want other people to help you and your family and to show an understanding of what you were experiencing. Here at RDASH we pride ourselves on providing the excellent clinical services you would expect to receive.

If you would like to know more about how people with mental health problems and learning disabilities are viewed, you can become a member of your local mental health NHS Foundation Trust.

What is Membership?

"Membership gives you the opportunity to become a better-informed member of the local community"



Who can be a member?

You should be:

- Aged 16 years or over
- A member of the public living in Rotherham, Doncaster, North Lincolnshire or North East Lincolnshire
- Someone who has accessed services provided by the Trust within the last 5 years
- A carer of a service user as defined above

How can I join?

- Complete a membership form available from the Foundation Trust Office
- Apply on line at: www.rdash.nhs.uk/ftapplication.asp
- Contact the Foundation Trust Office on Freephone 0800 015 0370 or 01302 798135

